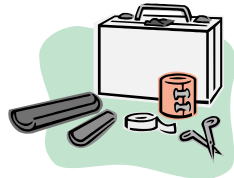


C.E.R.T.

Citizens Emergency Readiness Training



What is C.E.R.T. ?

C.E.R.T. is a program designed to educate local residents about disaster preparedness for hazards and emergencies – both natural and man-made - that may strike their area.

The goal of C.E.R.T. in Howard County is to train residents in basic disaster preparedness and recovery skills, such as first-aid, light fire suppression, household utility control, use of tools, and portable generator safety.

Classes held at **James N. Robey Public Safety Training Center**

2200 Scott Wheeler Drive (formerly Alpha Center Drive), Marriottsville

(Off Sand Hill Road, which runs between Frederick Rd. (Rt. 144)
and Old Frederick Road (Rt. 99), east of Rt. 32)

Tues, October 7 - **Session 1 Personal Preparedness** (7-10 pm)

Sat, October 11 - Saturday - mirror of Session 1 (8-11 am)

Tues, October 14 - **Session 2 ASCI First Aid, part 1** (7-10 pm)

Thurs, October 16 - **Session 3 ASCI First Aid, part 2** (7-10 pm)

Sat, October 18 - mirror of Sessions 2 & 3 (8-11 am and 12:30-3:30 pm)

Tues, October 21 - Session 4 **Disaster Recovery, part 1** (7-10 pm)

Thurs, October 23 - Session 5 **Disaster Recovery, part 2** (7– 10 pm)

Sat, October 25 - - mirror of Sessions 4 & 5 (8-11 am and 12:30-3:30 pm)

For registration or more information go to:

http://www.howardcountymd.gov/FAR/far_cert.htm or contact

Rich Philps at rphilps@howardcountymd.gov or call 410-313-6000

Citizens Emergency Readiness Training is sponsored by Howard County's **Community Emergency Response Network (CERN)** and is delivered through the Howard County Department of Fire and Rescue Services.

C.E.R.T. Course Descriptions

Session 1 Personal Preparedness (lecture only)

In this 3-hour session students will learn the history of large scale disasters that have affected Howard County, as well as steps that Howard County has taken to minimize the impact of future large scale disasters. This session you will also provides a review of individual supplies, training and the psychology needed during the time of a disaster. A certificate of completion will be issued following the successful completion of this session.

Session 2 ASHI First Aid Part 1 (lecture and practical)

A certified ASHI 3-hour combination lecture and practical session on basic first-aid. Students will review anatomy, signs and symptoms of common illness and injuries, along with bleeding control techniques and shock management.

*****students are required to complete both session 2 and session 3 to receive ASHI certification***

Session 3 ASHI First Aid Part 2 (lecture and practical)

A certified ASHI 3-hour combination lecture and practical session on basic first-aid. In this session you will learn fracture management, patient movement and advanced patient assessment techniques. *****students are required to complete both session 2 and session 3 to receive ASHI certification***

Session 4 Disaster Recovery Part 1 (lecture and practical)

A 3-hour combination lecture and practical session where you will learn team organization and basic emergency incident management principals. Students will participate in live flammable liquid fire extinguishment. A certificate of completion will be issued following the successful completion of this session.

Session 5 Disaster Recovery Part 2 (lecture and practical)

In this 3-hour session students will review basic household utilities such as electric service, gas service, municipal water service, and how to secure them during an emergency should the need arise. Also in this session students will review basic portable generator safety and operating techniques. At the conclusion of this session students will be given information as to where they may obtain additional preparedness training such as CPR. A certificate of completion will be issued following the successful completion of this session.